

FOUR BURROW BRANCH of the PONY CLUB

TRIATHLON & TETRATHLON 2015

Saturday 21st March 2015

Triathlon at **Truro College & Leisure Centre**
Tresawles Rd, Truro TR1 3XX – see directions on back

Approximate Times: Shooting 9.30.am, Running 11.30 am, Swimming 1.15 p.m.

Sunday 22nd March 2015

Riding Phase at Chyverton Park, Zelah, Truro 10.00 am. - starting with Class 1

If conditions permit there will be Clear Round Hunter Trial following the end of the Tetrathlon

Class		Age on 01.01.15	Shoot	Run	Swim	Ride
Class 1	Open/Inter Boys	Under 25	10m turning targets	2000m	3 mins	1.00m
Class 2	Open/Inter Girls	Under 25	10m turning targets	1500m	3 mins	1.00m
Class 3	Junior Boys	Under 15	7m turning targets	1500m	3 mins	90 cm
Class 4	Juniors Girls	Under 15	7m turning targets	1500m	3 mins	90 cm
Class 5	Minimus Boys	Under 12	7m static targets*	1000m	2 mins	80 cm
Class 6	Minimus Girls	Under 12	7m static targets*	1000m	2 mins	80 cm
Class 7	Mixed Minimus	8 & 9 years	7m static targets*	1000m	2 mins	65 cm
Class 8	Mixed Biathlon	Under 8	n/a	1000m	2 mins	n/a
Class 9	Adults	Over 21	7m static targets	1000m	2 mins	option

Additional classes for the Tetrathlon ride day only. Please state in advance on the entry form -

- **Class 3/4 a** Mixed Junior girls and boys – combinations which have not successfully completed a course at 90cms may enter class 3/4a to ride the 80 cms course.
- **Class 5 /6 a** Mixed Mini girls and boys – combinations which have not successfully completed a 80 cms course may enter class 5/6a to ride the 65 cms course.

The ride for classes 5/6a and 7 will be over a short course. **Riders may be assisted but not led.**

Adults riding may choose to ride at any height other than 65 cms following the relevant class.

All ages to be calculated as on 1st January 2015 – see notes for 8 year olds

Teams Tri and/or Tet teams of four (three to count) chosen from **ANY** of classes 1-7 but all teams must be from the same club. No team changes between the Triathlon and the Tetrathlon.

Adults teams will be teams of three adults – all scores to count.

Rosettes will be given to 6th place and medals for best performance in each phase.

Entries

Competitors in all classes other than class 8 may enter Triathlon only or Tetrathlon. Please state clearly on the entry form.

Entry Fees: Triathlon only £14 Biathlon £10,
Tetrathlon £28. Teams Free

Send to Mrs Gill Whetman, Greenwith House, Perranwell Station, Truro. TR3 7LT

CLOSING DATE Thursday 12th March

Enquiries: Gill Whetman gill.whetman@btinternet.com Tel 01872 862815 (entries secretary)

Times will be sent to Team Managers and put on the Four Burrow Website.

Otherwise ring or email Gill after Thursday 19th March

NOTES

- The judges' decision is final
- The competition will be run under **Pony Club Tetrathlon Rules 2015**
- Guns must be kept in cases and only removed on the instruction of the shooting steward.
- Please bring clean trainers for entry into the sports hall for the shooting phase.
All shoes MUST be removed before entry to the swimming pool.
- There will be rosettes to 6th place and medals for best of phase.
- In the event of a tie in the Tetrathlon the points in the riding phase will decide the final placing.
- Times are approximate and will depend on the number of entries. Exact times will be posted on our website and sent to team managers after close of entries.
- All competitors please provide your own BE bibs (number inserts provided)
- **Teams** – Please note we have club only teams which can be from any class (i.e. competitors can be from different classes or the same class but must be from same club). Teams may not be changed between the Triathlon and the Tetrathlon.
- Members who have attained their 8th birthday may enter classes 5.6 or 7. Competitors in class 8 must be under 8 as on the 1st January.
- The adult class is very informal - please encourage more parents and supporters to have a go. The children really enjoy it!
- All XC courses will be designed to encourage both horse & rider & will include plenty of L fences.
- Please note that all competitors, except those who have their B Test, must have a signed note from their DC if they want to be allowed to wear spurs.
- **The running phase will be organised with the new group start.**

Refreshments will be available on both days

Disclaimer

Neither the organisers, nor any person acting on their behalf, accept any liability for any accident, loss, damage, injury or illness to horses, owners, riders, spectators, land, vehicles, their contents and accessories, or any other person or property whatsoever, whether caused by negligence, breach of contract or in any other way whatsoever. The organiser of this event has taken reasonable precautions to ensure the health and safety of everyone present. For these measures to be effective everyone must take all reasonable precautions to avoid and prevent accidents occurring and must obey the instructions of the organiser and all the Officials and Stewards.

Directions to Truro College - Postcode TR1 3XX

From A30 in either direction turn off at Chiverton roundabout and take the A 390 towards Truro. Continue straight on until you come to traffic lights and roundabout with Truro College and Leisure Centre on the right and Pizza Hut and MacDonaldis on the left. Take the road to the College on the right and follow Pony Club signs for parking.

From Truro or Falmouth follow signs for Redruth A390 (A30). As you come out of town you will see big sign for Truro College on your left. Turn left and follow Pony Club signs as above.

Directions to Chyverton Park, Equestrian, Nr. Zelah

Postcode TR4 9HD

Travelling from North: Go past windmills at Carland Cross on the A30 travelling towards Redruth. After about 2 miles at Zelah by-pass turn left (sign posted Shortlanesend / Goonhavern). At T junction turn left. At X roads go straight across (sign posted Goonhavern). At next X roads turn left. At next T junction turn left. At next T junction turn left. After 3/10ths of mile entrance is on right hand side.

Travelling from South: Go past 'Town and Country Garage' on A30, after about 1 mile take the first left turn at Marazanvose entrance will be on your left hand side.